

PRE & POST TREATMENT INSTRUCTIONS

NEUROTOXIN

Pre-Treatment Instructions:

To reduce the risk of bleeding and bruising avoid the following for 2 days prior to treatments:

- Alcoholic Beverages
- Anti-inflammatories
- Aspirin
- Vitamin E

- No oral antibiotics and steroids at least 1-2 weeks prior to your appointment.

Post-Treatment Instructions:

- It takes approximately 4-7 days to start seeing the results of Neurotoxin. You should notice full results in 2 weeks. You may have some redness of the skin around the injection sites for the first day.
- Remain upright, no bending over, reclining or lying down for 4 hours
- Do not massage or manipulate the injection site
- Do not perform activities involving straining, heavy lifting or vigorous exercise for 24 hours after the treatment.
- The treatment area may be gently washed a few hours after treatment, avoid aggressive scrubbing or rubbing
- Sunbathing or excessive UV exposure should be avoided until the redness or swelling have subsided.
- Do not receive facial, laser or microdermabrasion treatments after Botox for at least 10 days.

The information provided is for educational purposes only. Patients will be given the opportunity to have questions answered during their consultation before the procedure and will be advised of adverse reactions and alternative treatment options. It is the patients responsibility to adhere to pre-prep/post-prep instructions. For more assistance you can call us or visit your nearest Emergency Room for emergency situations.



LIFESTYLE & AESTHETIC MEDICINE

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